

# Kids Helping Kids: Instructions

Now that you've picked Guideposts for Kids Comfort Kits as your service project, you can help hospitalized children in three fun and easy steps.



## Get Inspired

-[Check out our website](#) for stories, videos, photos, and more to meet the people Comfort Kits have helped

-Do some icebreaker activities and get excited about being kids who help sick kids!

## Get Motivated

-Set goals and pick a fundraiser to do. See ideas below or create your own!

-Market the event by showing the video, posting on social media, or downloading your customizable posters – contact Lexy at (203) 749-0434 for details

## Get Excited

-Have fun at your fundraiser and be sure to take lots of pictures!

-Collect your profits to send via check to Guideposts Outreach  
*39 Old Ridgebury Rd., Suite 27  
Danbury, CT 06810*

-Post pictures on social media with the hashtag #ComfortKits and tag us... we'll give you a shoutout on our Facebook page!

## Kids Helping Kids FAQs

### Can my organization pack our own kits?

Unfortunately due to health and safety concerns we cannot allow groups to pack their own kits. The kits are packaged and vacuum sealed before arriving to the hospital.

### Will we be able to choose the hospital the kits are sent to?

We welcome suggestions, but we can't guarantee that they will go to a particular hospital. Hospitals may have their own items to give out, or may not think the kits are a good fit for their particular facility. In order to supply the kits, we have to have a contact within the hospital. If you can help us form a connection with a hospital that we're not already serving, we would happily introduce them to Comfort Kits.

### Can my group deliver kits to the hospital?

This will vary depending on the hospital. Some hospitals may let your group deliver to the hospital but not directly to the children; it's up to each facility.

### Why should we raise money for Comfort Kits instead of money for treatments/research?

Comfort Kits is a unique product that primarily helps to comfort and reassure hospitalized children during difficult treatments and procedures. Over the years we have received feedback from parents and hospital staff that Comfort Kits have turned thousands of children's tears to smiles, worries to joy, and fears to relief. We believe that those expressions alone help to support and encourage the total care of children.

### Is Guideposts non-profit?

Yes!

### How long have you been in business?

Guideposts was founded in 1945, and Guideposts for Kids Comfort Kit program began in 2006.

### How can we get a sample kit?

To request a sample kit, please email [comfortkits@guideposts.org](mailto:comfortkits@guideposts.org)

### What has been the success of the program?

Going into our 10<sup>th</sup> year, we have distributed 160,000 Comfort Kits to 500 hospitals across 48 states. We've hosted over 10 Kids Appreciation Day parties for kids in hospitals, and parents are constantly reaching out to thank us for this gift.

### Can we send donations online?

Absolutely. Just visit <http://www.comfortkits.org/ways-to-donate> to donate online today!

### Where do we send our checks?

You can mail them to:

Guideposts  
39 Old Ridgebury Rd., Suite 27  
Danbury, CT 06810

### Is there a point of contact we can reach?

Yes! Send any questions to [comfortkits@guideposts.org](mailto:comfortkits@guideposts.org) or call Lexy at 203-749-0434